New Zealand Inline Hockey Association



www.inlinehockeynz.org.nz

IHNZ Post COVID-19 Update:

Introduction:

Under Alert Level 2 the disease is contained, but there is still a risk of community transmission.

The objective of these guidelines is to minimise the risk of transmission of the virus, and to be able to rapidly track and isolate any cases that may arise. Subject to the range of public health measures outlined below, play, active recreation and sport can resume under level 2.

This includes contact team sports and physical activities only if:

- 10 or fewer people are participating
- good contact tracing is possible
- hygiene measures, particularly washing and drying of hands, regular sanitising of equipment and surfaces are in place

You need to ensure you know (or can identify) anyone who is participating in your activity, including players, officials and spectators/supporters, in case someone gets sick.

Alert Level 2 continues to expand the opportunities for play and active recreation and reintroduces the opportunity for competitive sport at a local level, if the public health measures outlined above are implemented, to create a safe environment for physical activity. Sports are expected to take some time to prepare to resume. It is important that sports codes and clubs do not rush into starting activities again. It is essential to get all the protocols in place before activity resumes again, and ensure that everyone in your club or organisation is on the same page

The latest Play, Active, Recreation and Sport Information is attached from Sport NZ. https://sportnz.org.nz/assets/Uploads/Play-Active-Recreation-and-Sport-at-Alert-Level-2.pdf

STICK TO THE BASICS

Wash your hands, practice physical distancing, cough or sneeze into your elbow and stay at home if you are unwell.

ALERT

LEVEL 2

means the return of most play,

recreation and sport activities, but we still need to 'play it <u>safe' to</u>

ensure New Zealand continues to

contain COVID-19. Playing it safe at Level 2 means:

SEEK

INFORMATION

BE A CONTACT TRACER

Keep a register of where you go, when you go and who's there.

KEEP YOUR DISTANCE

Continue to maintain distance around people you don't know. If a public space like a playground is too crowded, stay away.

GATHER IN TEN OR LESS

Physical activities where contact happens must be done in groups of 10 or less. That number includes participants, athletes, coaches and officials.

Gyms, studios, swimming pools and more are now open. Play your part by understanding in advance the hygiene and distancing rules you'll need to follow.

STAY ACTIVE NZ

30 mins of physical activity a day is good for physical and mental health. Staying active is another way of staying safe.

KEEP IT LOW RISK

Continue to refrain _ from high risk activities that stretch your capability level.

USE CLEAN EQUIPMENT

Sanitation of shared equipment and surfaces is important. Your club or organization will make provision for this in their safety plans

MINIMISE SPECTATORS

Check with your club or organisation to understand their rules for drop-offs, pick-ups and spectating. At a minimum, you'll need to distance from other spectators. Training will need to be customised to ensure all drills are able to be done at Level 2 in a safe manner and maintaining 1 metre distancing between all players and coaches:

- Passing drills
- Shooting drills
- Skating drills

Checklist:

- Players cannot be waiting at the end of the rink in a group together
- All to complete the contact tracing app and/or the contact tracing log
- Expectations are clear in regards to distancing
- On rink coaches and players need to adjust the use of space to eliminate contact between skaters
- Sanitising Time may sure you leave time to wipe down, clean/disinfect, reset & go again between groups of people
- Timeframes for changing may need to be longer for the younger grades
- Entry is restricted to a maximum of 10 people per group
- No sharing of equipment
- Hand sanitiser use
- **1** meter physical distancing requirement between people in the venue
- Care must be taken to avoid more than 10 people congregating at communal points such as entries and car parks, and to maintain physical distancing
- Phasing of activities to allow time for people to pass through these areas safely
- Spectators are asked not to attend for now
- Please continue to enforce the "If you are sick, stay at home" message

What will Inline Hockey look like for Clubs at each level?

*Updated 15/05/2020 inline with Alert level 2 guidelines

No Alert Level	Alert Level 1 Prepare	Alert Level 2 Reduce	Alert Level 3 Restrict	Alert Level 4 Eliminate
Phase A: Hockey 2020 Resumes	Phase 1: Regional Options	Phase 2: Club Options	Phase 3: Holding Phase	Phase 4: Cessation of all Hockey
 Hockey would resume as per normal with regional leagues to be played Look to extend the season to later in the year National and InterRegional Tournaments held as usual 	 Club Hockey (Council venue options) Trainings can resume Contact Tracing Apps or Registers are to be completed Look to extend the season to later in the year Hockey could be held amongst clubs within regions (with numbers to be kept under the recommended mass gathering guidelines) A cross regional event could be held 	 Trainings can resume (with numbers to be kept under the recommended mass gathering guidelines) Contact Tracing Apps or Registers are to be completed No changing rooms used Players arrive dressed, team given an arrival and leaving the rink timeframe, the bench is used to put on skates and protective gear Benches, touchpoints are wiped down after use 	 Mass gatherings banned Public venues closed No Hockey at this level 	 No Hockey for the remainder of the 2020 season The Hockey 2021 season will be planned in accordance with current government guidelines and the 25th celebrations will be rolled over Nationals and InterRegional tournaments will be held by the 2020 clubs who were awarded the tournaments
Payments to IHNZ				
Club Affiliation Fee \$300	Club Affiliation Fee \$300	Club Affiliation Fee \$300	Club Affiliation Fee \$300	Club Affiliation Fee \$300
Player Affiliation Fee TBA	Player Affiliation Fee TBA	Player Affiliation Fee TBA	Player Affiliation Fee TBA	Player Affiliation Fee TBA